



INFRARED

Sunlighten Infrared Sauna Therapy

AN ENJOYABLE, RELAXING EXPERIENCE.

Today's world places a toxic load on our bodies, from environmental toxicants to stress and anxiety that create inflammation and other symptoms. Sweat is one of the body's safest and most natural ways to heal and maintain good health. Sunlighten's high-quality infrared promotes an effortless, deep, productive sweat that will leave you feeling cleansed, refreshed and energized.



Sweat out the Toxins



Improve Sleep Quality



Boost the Immune System



Increase Metabolism and Burn Fat



Improve Heart Health



Repair Muscles Faster



Reverse Aging and Renew Skin



Experience Bliss and Reduce Stress